


# BREAKFAST MENU




## AWAKEN

CONTINENTAL 9  
Pastry, juice or fruit, coffee  
MARKET FRESH FRUIT AND BERRIES 12   
With low fat vanilla yogurt

Non Fat Vanilla or Fruit Yogurt 4   
Greek Yogurt 4   
Granola, Yogurt & Berry parfait 5 

ASSORTED CEREAL 4  
Choose from: raisin bran, corn flakes, cinnamon toast crunch, cheerios, honey nut cheerios, kashi golean crunch

CINNAMON SCENTED OATMEAL 7   
Stone ground oats, apples, currants, brown sugar

REDSTONE BREAKFAST 12 **GF\***  
Two eggs, prepared any style, with choice of smoked bacon, grilled ham or pork link sausage, served with choice of hash browns or grits and toast or English muffin

EGG WHITE, SMOKED TURKEY, AVOCADO WRAP 12  
Served with choice of hash browns or grits and toast or English muffin

HOUSE SMOKED SALMON served with creamed cheese, avocado, capers, chopped egg, and toasted bagel 12

BRIDGE STREET OMELET 12 **GF\***  
*Choose from the following ingredients:*  
virginia ham mushrooms bacon  
onion pork sausage sweet pepper  
cheddar cheese squash zucchini  
smoked turkey broccoli tomato  
served with choice of hash browns or grits and toast or English muffin

BELGIUM WAFFLE 7  
Warm maple syrup and mixed berry butter  
Strawberries and whipped cream 2  
Roasted Pecans 2

STEAK AND EGGS 19 **GF\***  
Two eggs any style, tournado of beef tenderloin cooked to order with choice of hash browns or grits and choice of bread.

EGG WHITE SCRAMBLE 12  
Steamed broccoli, sautéed wild mushrooms and tomato, avocado and fresh mozzarella cheese

EGGS BENEDICT 13  
Toasted English muffin topped with grilled Canadian bacon, poached eggs, hollandaise and grilled asparagus.  
Hashed browns

SAGE BREAKFAST BUFFET TABLE Includes scrambled eggs, sausage gravy and biscuits, apple wood smoked bacon, link sausage, hash brown potatoes, and grits, as well as a selection of breakfast juices, fresh sliced fruits , yogurts, a variety of cereals, danish, cinnamon rolls, fresh brewed Starbucks® coffee, and assorted tazo® teas 15

## SOUTHERN COMFORT

SOUTHERN STYLE EGGS BENEDICT 14  
Fried green tomatoes topped with jalapeno bacon, poached eggs, and chipotle hollandaise. Grilled asparagus and hashed browns


CINNAMON FRENCH TOAST 10  
Sourdough baguette soaked in a cinnamon egg batter and sautéed golden brown with apple compote and syrup.

FROM THE FARM 16  
Two eggs any style served over cheesy hash brown casserole with a grilled smoked pork chop

PANCAKES  
*Choose from three mouthwatering varieties:*

PLAIN served with warm maple syrup 8  
BLUEBERRY PANCAKES served with warm maple syrup 10  
CHOCOLATE CHIP PANCAKES served with warm maple syrup 9


## OPTIONS

BOWL OF SEASONAL BERRIES 8   
BAGEL Whipped Philadelphia® cream cheese 5

## SIDES

Hashed browns 4  
Smoked bacon, grilled ham, pork patty sausage 5  
Creamy grits 3

## REPLENISH

WESTIN FRESH BY THE JUCIERY   
8oz glass 16  
1) Pineapple, Cucumber , Mint  
2) Fennel, Spinach, Pear  
3) Orange, Grapefruit, Lemon, Lime

FRESHLY BREWED STARBUCKS® COFFEE Regular or decaffeinated 3  
TAZO® TEAS Regular or decaffeinated 3  
JUICE Choice of orange, ruby red grapefruit, apple, cranberry, tomato, V-8 4  
MILK Non-fat, 2% or chocolate 2.5  
SOY MILK 4  
LATTE 5  
ESPRESSO 3  
CAPPUCCINO 5

 superfoods are known for being health-enhancing and rich in antioxidants and phytonutrients.

Prices do not include applicable taxes and service charge.  
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.  
Under Alabama law, the consumer has the right to know, upon request to the food service establishment, the country of origin of farm raised fish or wild fish.  
**GF = Gluten Free. \*GF = Can be made Gluten Free.**

We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet, please be aware that they may be prepared in an environment where gluten is present. Please consult your physician as to your personal health decisions.